

The Tobacco Dependence Treatment Handbook: A Guide to Best Practices | David B. Abrams, Raymond Niaura | Guilford Press, 2003 | 2003 | 365 pages | 9781572308497

Book Review: The Tobacco Dependence Treatment Handbook: A Guide to Best Practices. By D. B. Abrams, R. Niaura, R. A. Brown, K. M. Emmons, M. G. Goldstein, and P. M. Monti. New York: Guilford Press. Book Review: THE TOBACCO DEPENDENCE TREATMENT HANDBOOK: A GUIDE TO BEST PRACTICES, by David Abrams, February 2004. Community Mental Health Journal. Nady el-Guebaly. Book Reviews : Write What You Mean: A Handbook of Business Communication. Allen Weiss, New York: Am July 1978. Journal of Business Communication. Treating Tobacco Use and Dependence: Clinical Practice Guideline. Promoting widespread use of treatment for tobacco dependence is one of the primary goals in improving public health (U.S. Department of Health and Human Services, 2000). Tobacco use, and smoking in particular, causes many of the chronic and debilitating diseases that affect the population and stress the health-care system. Guide to Community Preventive Services. Increase the unit price for tobacco products. Implement sustained mass media campaigns. | A Practical Guide to Working with Health-Care Systems on Tobacco-Use Treatment. 3. These tobacco-use treatment objectives may be best achieved by developing new partnerships. Choose books together. Track your books. Bring your club to Amazon Book Clubs, start a new book club and invite your friends to join, or find a club that's right for you for free. Prior texts have either summarized research data without translating it to practice or presented overly simplistic treatment programs. Contents 1. Planning Evidence-Based Treatment of Tobacco Dependence David B. Abrams and Raymond Niaura 2. Assessment to Inform Smoking Cessation Treatment Raymond Niaura and William G. Shadel 3. Increasing Motivation to Stop Smoking Karen M. Emmons 4. Brief Behavioral Treatment William G. Shadel and Raymond Niaura 5. Intensive Behavioral Treatment Richard A. Brown 6. Comorbidity Treatment: Skills Training for Coping with Depression.